

HOT PREPARED FOODS

All hot prepared foods are served by the pound.

BEEF CUTLET - \$6.99

A single beef cutlet

CHICKEN CUTLET - \$5.99

A single chicken cutlet

BROCCOLI RABE W/ GARLIC - \$8.99/LB

SAUTÉD PEPPERS & ONIONS - \$9.99/LB

MEATBALLS - \$5.99

A single meatball

ITALIAN SAUSAGE- \$10.99/LB

Your choice of a hot or sweet sausage

COLD PREPARED FOODS

All cold prepared foods are served by the pound.

COLD SEAFOOD SALAD - \$27.99/LB

Squid, baby octopus, shrimp, mussels, and scuttelfish in a flavorful brine.

TUNA MACARONI SALAD - \$11.99/LB

Tuna fish, elbow macaroni, celery, onion, and mayonnaise

TUNA SALAD - \$10.99/LB

Tuna fish, celery, onion, and mayonnaise

STUFFED PEPPERS - \$14.99/LB

Cherry peppers stuffed with prosciutto, and provolone

ASSORTED OLIVES - \$13.99/LB

MARINATED ARTICHOKE HEARTS - \$9.99/LB

Artichoke hearts marinated in olive oil.

TOMATOES & MOZZARELLA - \$11.99/LB

CHARCUTERIE

BUILD YOUR OWN CHARCUTERIE

(2-person = 2 meats, 2 cheeses, etc.)

1 Person - \$8

2 Person - \$14

3 Person - \$19

4 Person - \$24

Charcuterie Meats:

Sweet Soppressata | Genoa Salami | Peppered Genoa Salami | Pepperoni
Prosciutto Di Parma | Hot Calabrese Salami | Coppa Hot | Mortadella with Pistachio

Charcuterie Cheeses:

Port Wine Cheese | Sheep Cheese

Charcuterie Sides:

Marinated Olives | Sliced Black Olives | Giardiniera | Roasted Red Peppers
Strawberry | Blueberry | Raspberry | Dried Apricot | Grapes
Cornichons | Walnut | Cashew | Pecan

Charcuterie Spreads:

Apricot Spread | Orange Marmalade | Fig Spread | Calabrian Chili Orange Spread

Charcuterie Breads:

Sesame Breadstick, Bruschetta chips

Selections may vary—ingredients change frequently based on seasonal availability and imports.

DESSERTS

TIRAMISU- \$6.99

Sponge cake soaked in espresso, topped with mascarpone cream
and dusted with cocoa powder.

CHOCOLATE MOUSSE- \$6.99

Rich chocolate mousse and zabaione, topped with chocolate curls.

PROFITEROLES- \$6.99

Cream puffs surrounded by vanilla and chocolate creams.

NONNA-\$6.99

A buttery cookie base topped with lemon mousse with a heart of
lemon pastry cream, finished with white chocolate glaze.

TORTA DELLA NONNA- \$6.99

Pastry cream with a hint of lemon on a base of shortcrust pastry,
covered with pine nuts, almonds and powdered sugar.

PISTACHIO CHEESECAKE- \$5.99

A creamy pistachio cheesecake with pistachio pieces, topped with
a light pistachio mousse and sprinkled with pistachios, on a graham
cracker base.

CANNOLI

REG: \$5.99 | SM: \$2.99

Crisp, golden pastry shells filled fresh with sweet ricotta cream,
lightly sweetened and studded with chocolate chips.

EST 2023 EATALIA — MARKET —



(941) 413 - 5945

1561 Lakefront Dr, Suite 100,
Sarasota, FL 34240

10AM - 7PM DAILY
CLOSED TUESDAYS

SCAN FOR
MENU



ENTREES

All entrées are served with your choice of House or Caesar salad, and a side of pasta. Choose from: Angel Hair, Pappardelle, Rigatoni, Tagliatelle, or Bucatini.

ITALIAN SAUSAGE AND PEPPERS- \$16.99

Your choice of hot or sweet sausage, served with a side salad and pasta.

HOUSE MADE MEATBALLS IN MARINARA SAUCE - \$18.99

Meatballs in marinara sauce and grated parmigiano.

CHICKEN PARM - \$18.99

Parmigiano-crusted chicken cutlet with mozzarella and marinara sauce, finished with grated parmigiano.

BEEF PARM - \$19.99

Parmigiano-crusted beef cutlet with mozzarella and marinara sauce, finished with grated parmigiano.

EGGPLANT PARM - \$18.99

Parmigiano-crusted eggplant with mozzarella and marinara sauce, finished with grated parmigiano.

BUILD YOUR OWN GRINDER

CHOICE OF BREAD:

Grinder Bread | Kaiser Roll
Flour Wrap | Spinach Wrap | Gluten-Free Wrap

CHOICE OF CHEESE:

Picante Provolone | Mozzarella | American

CHOICE OF MEAT:

Prosciutto di Parma | Hot Capicola | Sopressata
Mortadella with Pistacchio | Genoa Salami | Pepperoni
Turkey | Calabresa salami hot | Tuna Salad | Chicken Cutlet
Beef Cutlet | Buffalo Chicken Cutlet | Meatball
Hot Sausage | Sweet Sausage | Sliced Ham

TOPPINGS:

Lettuce | Arugula | Tomato | Raw Onion | Banana Peppers
Jalapeños | Sautéd Pepper and Onion | Roasted Red Pepper
Black Olives | Grated Parmigiano | Pickles

ADD-ONS:

Bacon (+\$1.00) | Long Hots (+\$1.00)
Broccoli Rabe w/ Garlic (+\$1.00)
| Ricotta (+\$1.00) | Prosciutto di Parma (+\$3.00)

CONDIMENTS:

Marinara | Mayonnaise | Yellow Mustard | Dijon Mustard
Oil & Vinegar | Balsamic Glaze | Italian Dressing | Chipotle Mayo
Buffalo | Ranch | Blue Cheese Dressing | Caesar Dressing
Salt & Pepper | Oregano | Hot Honey

GRINDERS

1. CHICKEN CUTLET

FULL: \$19 | HALF: \$12 | KAISER: \$10

Parmigiano crusted chicken cutlet topped with aged prosciutto di parma, picante provolone, arugula, and mayo.

2. MEATBALL

FULL: \$19 | HALF: \$12 | KAISER: \$10

Housemade meatballs in marinara sauce, melted picante provolone, and mozzarella. Topped with raw white onion and parmigiano cheese.

3. CORDON BLEU

FULL: \$19 | HALF: \$12 | KAISER: \$10

Crispy chicken cutlet, sliced ham, melted mozzarella, and Dijon mustard.

4. CHICKEN PARM

FULL: \$19 | HALF: \$12 | KAISER: \$10

Parmigiano crusted chicken cutlet, mozzarella, and marinara sauce. Finished with grated parmigiano.

5. CHICKEN CAESAR

FULL: \$19 | HALF: \$12 | KAISER: \$10

Chicken Cutlet, lettuce, caesar dressing, and grated parmigiano.

6. BUFFALO CHICKEN

FULL: \$19 | HALF: \$12 | KAISER: \$10

Parmigiano crusted chicken cutlet, coated in buffalo sauce, topped with blue cheese dressing, lettuce, and tomato.

7. SAUSAGE

FULL: \$19 | HALF: \$12 | KAISER: \$10

(Your choice of spicy or sweet Italian sausage, melted picante provolone, and broccoli rabe with garlic).

8. EGGPLANT PARM

FULL: \$19 | HALF: \$12 | KAISER: \$10

Eggplant, mozzarella, and marinara sauce. Finished with grated parmigiano.

GRINDERS

12. ITALIAN

FULL: \$19 | HALF: \$12 | KAISER: \$10

Ham, pepperoni, Genoa salami, hot capicola, picante provolone, lettuce, tomatoes, oil and vinegar, and roasted red peppers.

13. SPICY ITALIAN

FULL: \$19 | HALF: \$12 | KAISER: \$10

Ham, pepperoni, Genoa salami, hot soppressata, hot capicola, picante provolone, lettuce, tomatoes, hot oil, vinegar, and long hot peppers.

14. TURKEY CLUB

FULL: \$19 | HALF: \$12 | KAISER: \$10

Turkey, American cheese, bacon, lettuce, tomato, and mayo.

15. AMERICANO

FULL: \$19 | HALF: \$12 | KAISER: \$10

Ham, turkey, American cheese, lettuce, tomato, pickles, and mayo.

16. TUNA SALAD

FULL: \$19 | HALF: \$12 | KAISER: \$10

Tuna fish salad, lettuce, tomato, and mayo

17. BLT

FULL: \$19 | HALF: \$12 | KAISER: \$10

Bacon, lettuce, tomato, and mayo.

18. BOURDAIN

FULL: \$19 | HALF: \$12 | KAISER: \$10

Mortadella with pistachio, picante provolone, mayo, and Dijon mustard

SALADS

HOUSE GREEN SALAD - \$9.99

Romaine lettuce, red onion, tomato, olives, and roasted red peppers

CAESAR SALAD - \$10.99

Romaine lettuce, shaved Parmigiano Romano, croutons, and house-made Caesar dressing

SUB SALAD - \$17.99

Romaine lettuce, picante provolone, Genoa salami, pepperoni, ham, roasted red peppers, red onion, tomato, black olives, and croutons

Choice of Dressing

Caesar | Blue Cheese | House Italian | Oil & Red Wine Vinegar

Salad Add-Ons

Chicken Cutlet (+ \$4) | Beef Cutlet (+ \$4) | Meatball (+ \$4)
Tuna Salad (+ \$2) | Bacon (+ \$2)

Toppings (Choose as many as you like)

Tomato | Raw Onion | Banana Peppers | Jalapeños | Sautéed Peppers & Onions |
Roasted Red Pepper | Black Olives | Grated Parmigiano | Crouton

ARANCINI

B RAB ARANCINI - \$5.99

Sausage & broccoli rabe

MEAT ARANCINI - \$5.99

Hamburg, cheese, peas

CHEESE ARANCINI - \$5.99

Cheese

MEAT ARANCINI - \$5.99

Hamburg, cheese, peas

